

BRAGG CREEK TRAILS

Corporate Trail Days





# For all, outside, every season.

Thank you for your inquiry about organizing a corporate volunteering day with Bragg Creek Trails, we have a variety of volunteer opportunities available.

Corporate trails days must be organized at least 1 month in advance. We do ask that an organizer or a member of the corporate team comes out to experience a trail day or attend a pre-planning meeting with the BCT Operations

Manager/Trails Leader to see if both parties are a good fit.

Trails days are 9:30am – 4:00pm. Half trail days are not available.

We adhere to strict Safety Policies & Procedures to ensure everyone's safety.

Crew Leaders can safely supervise volunteers at a ratio of 1:6 (one Crew Leader for six volunteers). Assuming sufficient Crew Leaders are available we can accomodate up to 24 volunteers per trail day.

In order to participate in your corporate event, each volunteer must complete the following steps, 7 days prior to the start of your corporate event. QR Code and Link to the Bragg Creek Trails volunteer page below.

BCT Volunteer Page



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### STEP 1:

Volunteers must sign up and create a profile on BetterImpact, the Bragg Creek Trails volunteer database where volunteer hours are logged.

### STEP 2:

Read and sign the Bragg Creek Trails volunteer agreement and complete the elearning Volunteer Orientation Module

### **IMPORTANT:**

Volunteers who do not complete signing up in the required time frame WILL NOT be able to participate in your corporate event.

**BCT Volunteer Page** 



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### TRAIL DAY OPTIONS:

There are 2 types of work your group can do.

### **LIGHT WORK:**

No heavy lifting or dirt moving. This volunteer work includes tree and brush pruning with hand loppers, raking and clearing of stones and debris from the trails. Due to the restrictions of the Migratory Birds Act, this level of work is only available after August 20th.

### **HEAVY WORK:**

If you feel like working up a sweat this type of work is perfect for your team. This trail day includes digging, moving, shaping and tamping dirt using a variety of hand tools. It may also include moving rocks, branches or bucked up logs.

Bragg Creek Trails can accommodate both light and heavy work on trail days. Some activities involve heavier tasks such as digging, moving dirt, and tamping, whilst others are more moderate, like shaping with a hoe or rake, moving sod, or raking pine needles and debris. Trail Leaders will encourage volunteers to rotate between tools and tasks throughout the day to help prevent overuse injuries.



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### TRAIL DAY INFORMATION:

Trail Leaders will kick off the day with a 30-minute tailgate meeting covering tool safety, Health & Safety protocols, and BCT expectations. After orientation, groups will head to the work site. Volunteers can expect a 30–45 minute lunch break and short breaks throughout the day.

New to a trail day? Check out our **Volunteer 101 Video** showcasing what to expect.

### WHAT TO BRING:

Sturdy, ankle high footwear with hiking tread – NO BIKE SHOES OR RUNNERS. Also: water, lunch, snacks, sunscreen, bug spray, hand sanitizer, sunglasses, hat, work gloves, pants, jacket, whistle and a long sleeved shirt. Plan for an entire day away and varied weather conditions. Check the weather the morning of the event before you depart.

VOLUNTEERS ARE RESPONSIBLE FOR ENSURING THEY HAVE A CURRENT <u>KANANASKIS</u> <u>PARKING PASS</u>.

Bragg Creek Trails relies on donations. If your organization would like to make a donation, please email donate@braggcreektrails.org

